

**THRIVING AS A WOMAN:** A powerful seminar  
by three female doctors ~ a *Holistic Physician, Psychotherapist &  
Nutritionist* ~ offering a uniquely integrative approach to Hormone  
Health and Personal Happiness.

For women of all ages!

**Wednesday, September 15th**

**7:30 pm**

Center of Clayton  
50 Gay Avenue, 63105

**FREE** Seating is Limited.

RSVP 314.644.2081 or [info@imhc.com](mailto:info@imhc.com)

**Dr. Sharon Fitelson, DC, Licensed Acupuncturist** [www.imhc.com](http://www.imhc.com)

**Dr. Rachel Glik, EdD, Licensed Professional Counselor** [www.drrachelglik.com](http://www.drrachelglik.com)

**Dr. Daniela Hermelin, MD, Physician Wellness Coach** [www.wellnesstobemd.com](http://www.wellnesstobemd.com)

